

# SAFETY TIPS FOR CHILDREN



- **Never go anywhere alone.** Make sure you are in a group with friends or with an adult you personally know and whom your parents trust.



- **Never go anywhere without telling your parents** where you are going. Make sure your parents have the phone numbers of your friends who you are with. Always let your parents know if your plans change.



- **Learn your parents' telephone numbers off by heart.** And your mom and dad's name and surname. Also learn an aunt's or uncle's number in case you can't get hold of your parents.



- **Don't go to places that you don't know.** If you get lost in a shopping centre (or anywhere else) go to the security immediately and ask for help. Don't try to look for your parents yourself... get help!



- **Don't go with people you don't trust.** Don't go to public toilets on your own. Go with friends or with your parents.



- Don't take sweets, money, gifts or cool drinks - **don't take anything from strangers.**



- **Don't accept lift from strangers.** Never ever get into a stranger's car or go anywhere with them.



- If someone is following you... **Run!!!! And scream!!!! Make loud noises!!!!.** Rather be safe than sorry.

- **Write your name on the inside of your clothes and your schoolbag.** As well as your parent's phone number. Never on the outside where strangers can see it.

- **Don't play in the streets alone!** It is easy for a stranger to stop next to you, grab you and pull you into the car.



**REMEMBER the BUDDY SYSTEM:** ALWAYS take a FRIEND / BUDDY with you, WHEREVER you go! Hold onto your friend!! This way you can help each other when you are in trouble - anywhere you go!!!

## EMERGENCY NUMBERS

Police: 10111

Missing Children SA: 072 647 7464

Cellphone help 112

ELSA @ MCSA: 084 582 1516

SAPS Crimestop: 0860 010111

Childline: 0800 055 555

This information is provided as an extra safety measure to help protect our children.  
[www.MissingChildren.org.za](http://www.MissingChildren.org.za) and [www.MomsMatter.co.za](http://www.MomsMatter.co.za)

